

Southern Adventist University

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The Main Thing Devotional

Chaplain's Office

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Exposed by the Light

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"For you were once darkness, but now you are light in the Lord. Walk as children of light—for the fruit of the light consists of all goodness, righteousness, and truth—testing what is pleasing to the Lord. Don't participate in the fruitless works of darkness, but instead expose them. For it is shameful even to mention what is done by them in secret. Everything exposed by the light is made visible, for what makes everything visible is light. Therefore it is said: 'Get up, sleeper, and rise up from the dead, and Christ will shine on you.'" Ephesians 5:8-14

Exposed by the Light

I read the passage above as a part of my devotional this morning long before the light of day was beginning to show. I've read this passage many times before but this morning the Spirit spoke convicting words to my heart. Jesus, Light of the World, wants to illuminate me. He wants to shine light into the dark places of my heart, my life, my relationships, in my workplace, you name it, and expose the things that are not good, righteous, and true. And as a child of light who is prone to spiritual sleepiness, He is calling me to rise up, to be full of the Light, and to expose the "fruitless works of darkness" and evil in my own spheres of influence.

And not just me. *You* are a child of God, a child of the Light of the World, too. He wants to shine His light into the dark places of *your* life, expose the things that are not good, righteous, and true—not so that He can condemn you, but so that His light might bring healing, wholeness, joy and hope to you as He frees you from guilt, shame, and fear. Once you experience, and keep on experiencing, the goodness that comes from having the light of Christ expose the darkness in your life, you might want to keep asking Him to do this work in your life. Over and over again.

This week, as you keep the Main Thing, the main thing, may you be full of His light and experience abundant peace!

Reflection:

- Ask God in prayer, "God, what are the 'fruitless works of darkness' in my own life? Expose them and make these things known to me."
- In prayer ask God to baptize you with the Holy Spirit in order to boldly, yet gracefully expose the "fruitless works of darkness" in your sphere of influence. For example, what systems in your sphere of influence need to be changed in order to work for the freedom of the oppressed?
- Have you been spiritually asleep? Pray that God would awaken you and empower you to build systems of goodness, righteousness, and truth in your sphere of influence today.
- While we cannot meet in person because of physical distancing restrictions, we encourage you to make an appointment to **talk online** with Chaplain [Anna Bennett](#) or [Joseph Khabbaz](#) if you need someone to pray with or are desiring to grow spiritually.

Blessings,

Anna Bennett / Associate Chaplain